



JOB DESCRIPTION

Post Title: Occupational Therapist
Responsible to: Wellbeing Manager
Salary: £21,528.00 per annum
Hours of Work: 22.5 hours per week, flexible rota Monday to Friday
Location: Treetops Hospice, Derby Road, Risley, DE72 3SS

Department Objectives:

Wellbeing

The Wellbeing Team provides support for people with life limiting illnesses, end of life needs and those who are bereaved, and their families / carers, with the following aims:

- To provide support and information via our triage service, our cafés and support groups
- To be welcomed into a safe space where important issues around the future and a person's wishes can be explored and discussed openly.
- To provide education and reablement to live well with life limiting illness or grief.
- To reach out to those groups and communities not currently accessing our services in order to engage and understand how we may work collaboratively to empower other agencies to recognise and support those with life limiting illness or navigating bereavement and loss by sharing our knowledge and expertise

Wellbeing at Home

The wellbeing at home team will visit you in your own home to offer the following

- To create a safe space where you can discuss important issues around the future and a person's wishes
- To provide short term respite support for carers of those with life limiting illness.
- To provide care and support to those at the end of their lives who wish to remain at home and work with other agencies to facilitate this.

Purpose of the role:

- To lead and develop the Spring programme with emphasis on the rehabilitation / reablement model.

- To adapt and develop the model of occupational therapy in order to meet the needs of individuals with dementia and their families.
- To develop the spring programme based on the projected needs of the future population in our catchment area, using your experience of palliative care and extensive knowledge of occupational therapy.
- To lead and develop a wider therapeutic programme recruiting skilled volunteers to deliver activities such as forest bathing, exercise, mindfulness etc
- To support the delivery of person-centred services within Wellbeing.

Main tasks of role:

- To develop the spring programme based on the projected needs of the future population in our catchment area, using your experience of palliative care and extensive knowledge of occupational therapy.
- To coordinate the delivery of and deliver the spring programme to patients referred into the service.
- In partnership with the wellbeing volunteer support facilitator, co-ordinate a programme of interventions utilising volunteer practitioner and professionals to support patients and families to improve their wellbeing.
- Engage in tender conversations around end of life, ascertaining wishes and preferences.
- Deliver daily support in existing Wellbeing Services and co-ordinate the team when required.
- To work as an integral part of the multidisciplinary team, ensuring that the needs of patients and carers are identified within a holistic framework, fostering an interdisciplinary approach to rehabilitation.
- To take a patient-centred approach to defining their goals and engage in a treatment/support programme working towards mutually agreed goals with particular emphasis on developing self-management strategies.
- To ensure the welfare and safety of patients, families, staff and volunteers at all times.
- To communicate sensitively with patients, carers, families and staff about complex physical, spiritual and psychological issues utilising advanced communication skills.
- Supervise and participate in the induction and training of staff and volunteers.
- Be aware of and comply with Treetops Hospice policies and procedures and to be responsible for implementing them.
- Participate in regular team meetings and represent Allied Healthcare Professionals views.
- Maintain accurate and contemporaneous clinical records.

Other duties:

- To maintain high levels of personal professional practice through regular attendance on relevant courses at local, regional and national level
- To maintain awareness of current developments in Occupational Therapy and Palliative care.
- To adhere to the professional standards of proficiency of the Health and Care Professions Council (HCPC).
- To provide information about Treetops Hospice and its services through teaching sessions, both formal and informal, within the Hospice and in the community.
- To contribute to the development of Treetops Hospice as an organisation by developing good relationships with others.
- Maintain a continuous professional development portfolio in line with registration requirements
- Offer advice and demonstration of small scale equipment to support activities of daily living
- Value the unique worth of volunteers and ensure that they are supported in their work as part of the Wellbeing service.
- Participate in Individual Performance Reviews.
- Engage in supervision and reflective practice

PERSON SPECIFICATION**Essential:**

- Occupational Therapy degree qualification
- Registration with the Health Care Professionals Council
- Over 3 years post registration experience
- At least 1 years' experience working with people with life limiting conditions
- Experience of developing services
- Experience of teaching in informal settings to patients, carers and healthcare professionals
- Ability to support other team members and to facilitate their understanding of the contribution of occupational therapy
- Ability to facilitate supporting individuals and groups over various formats

- Supervise and motivate volunteers
- Critically analyse and reflect on practice
- In depth of understanding of Palliative Care Occupational Therapy
- Awareness of current issues in Palliative Care Occupational Therapy
- Maintains professional standards – own and others
- Practices with integrity
- Ability to recognise and manage personal stress
- Proactive in supporting colleagues
- Able to act as patient's advocate
- Hardworking and a team player

Desirable:

- Membership of the College of Occupational Therapists specialist section
- Teaching and assessing qualification
- Experience of supervising occupational therapy students
- Experience of designing and facilitating a group work programme
- Evidence of recent palliative care study
- Experience in working with people with dementia and their families.